

LYONS THICK & EASY®

THICK & EASY® TEXTURE MODIFIED BREAD AND DESSERT MIX



IDDSI STANDARDS LEVELS

4 PUREED

5 MINCED & MOIST

6 SOFT & BITE-SIZED

MEETS IDDSI STANDARDS FOR LEVELS 4-6

Finally, a bread mix that allows you to confidently serve a variety of great foods, while adhering to the diets of patients requiring IDDSI levels 4-6. Whether you wish to serve bread, cake, cookies or biscuits, you can count on THICK & EASY® Texture Modified Bread and Dessert Mix to deliver taste and nutrition for your patients and peace-of-mind for you.



DELICIOUS, FRUSTRATION-FREE BREAD PRODUCTS

*A stress-free,
versatile way to
ensure you meet
your patient's
dietary needs.*

- Easy to make
- Endless menu and recipe applications specifically designed to meet IDDSI testing standards
- 3rd party tested for IDDSI standards
- Made with enriched flour
- 13 grams of carbohydrates per serving
- Kosher



RECIPE IDEAS

The beauty of this easy to make mix is that you can do so many things with it.

- Pumpkin Squares
- Carrot Cake
- Cranberry Almond Bread
- Sausage Gravy & Biscuits
- Pineapple Upside Down Cake
- Vegetable Ranch Bars
- Lemon Pie
- Lava Cakes
- Snickerdoodle Cookies
- Peanut Butter Blossom Cookies

All recipes should be tested for the appropriate IDDSI level.



**SCAN HERE TO SEE THE FULL
RECIPES or
VISIT [www.lyonshealthlabs.com/
resources/category/recipes/](http://www.lyonshealthlabs.com/resources/category/recipes/)**

DESCRIPTION	Item #	IDDSI Level	Serving Size	Case Pack	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY® Texture Modified Bread & Dessert Mix - Bulk	48862	4 5 6	0.57 oz	9 lbs	60	0.5	80	12	2	3 yr	Ⓢ-D Halal		✓		✓
THICK & EASY® Texture Modified Bread & Dessert Mix	118519	4 5 6	2 tbsp	12/10.6	60	0.5	70	13	2	3 yr	Ⓢ-D Halal		✓		✓

*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.

Available through Foodservice Distribution Nationwide or your favorite e-commerce platform.
For more information, contact your Lyons Health Labs sales representative.