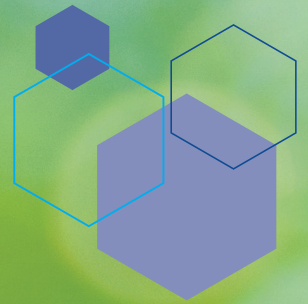




NOURISHMENT
WHEN YOU
NEED IT MOST®



LYONS HEALTH LABS™

PRODUCT GUIDE



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At Lyons Health Labs we are inspired by contributing to the joy and well-being of our aging population through delicious, nutritious food products. Our dysphagia products allow individuals with swallowing difficulties to enjoy their favorite foods and beverages.

In addition, we have several nourishing options designed to add extra calories and protein to the diets of those who are not eating enough food.

We also provide many other quality products designed to help care providers meet the dietary needs of their residents and patients.



*Bridging The
Gap Between
Function And
Flavor™*

for SWALLOWING DIFFICULTY

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for SWALLOWING DIFFICULTY

THICKENERS

THICK & EASY® Instant Food & Beverage Thickeners are now available in 2 unique formulas.

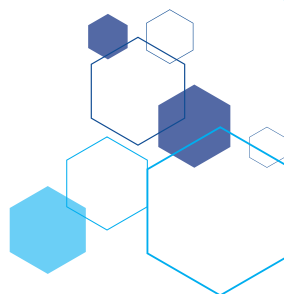
Our **THICK & EASY® Instant Food & Beverage Thickeners** have been used for over 25 years. This product, produced from a modified corn starch, is routinely tested to assure it offers industry leading quality and performance in every serving. **THICK & EASY® Instant Food & Beverage Thickener** is available in several packaging styles ranging from a 25 pound box to pre-portioned packets, designed for specific beverage consistencies.

THICK & EASY® Clear Instant Food & Beverage Thickener is a xanthan gum based thickener. This thickener was developed to improve the clarity and visual appeal of thickened liquids but it is also great for foods. **THICK & EASY® Clear** has very little color or flavor allowing foods and beverages to keep their natural flavors and aromas while being safer to eat and drink for those with dysphasia.

THICK & EASY® Thickened Coffee and Tea

Everyday pleasures — like a deliciously rich cup of coffee or a premium tea — can bring genuine comfort to those with swallowing difficulty. Both beverages provide a safe, reliable IDDSI consistency. Choose from Level 2 or Level 3.

SHAPE & SERVE® Thickener Powder is an affordable way to offer great looking shaped pureed foods using foods on your current menu. Adding **SHAPE & SERVE® Thickener Powder** provides shape and texture to foods while enhancing the natural flavors. Shaping molds are available for a wide variety of foods so pureed diet plates look and taste fantastic.



Product Information

SHELF STABLE	Item Number	IDDSI Level	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY® Instant Food & Beverage Thickener																
Thickener Packets – Nectar	126251	1 2	1 packet	100/4.5g	100/4.5g	15	0	10	4	0	5 yr	Ⓢ	✓		✓	
Thickener Packets – Nectar/Honey	21929	2 3	1 packet	100/5.5g	100/5.5g	15	0	15	4	0	5 yr	Ⓢ	✓		✓	
Thickener Packets – Honey	20223	3 4	1 packet	100/6.5g	100/6.5g	20	0	15	5	0	5 yr	Ⓢ	✓		✓	
Thickener Canisters	17938†		4.5g	12/8 oz	600/4.5g	15	0	10	4	0	5 yr	Ⓢ	✓		✓	
Thickener 10lb Box	07941		4.5g	1/10 lb	1004/4.5g	15	0	10	4	0	5 yr	Ⓢ	✓		✓	
Thickener 25lb Box	07925		4.5g	1/25 lb	2511/4.5g	15	0	10	4	0	5 yr	Ⓢ	✓		✓	
SHAPE & SERVE® Thickener Powder	21170†		7g	1/8 lb	518/7g	20	0	30	4	1	3 yr	K Parve		✓		
Clear Thickener Canisters	2544†		1.4g	4/4.44 oz	360/1.4g	5	0	0	0	0	3 yr	Ⓢ	✓		✓	
Clear Thickener Sticks – Nectar	72451	2	1.4g	100/1.4g	100/1.4g	5	0	25	1	0	3 yr	Ⓢ	✓		✓	
Clear Thickener Sticks – Honey	72453	3	3.2g	100/3.2g	100/3.2g	10	0	55	2	0	3 yr	Ⓢ	✓		✓	
THICK & EASY® Thickened Beverages - Dry Mixes																
Clear Thickened Tea Mix – Nectar	81330	2	1 packet	72/5.2g	72/5.2g	15	0	60	4	0	3 yr	Ⓢ	✓			
Clear Thickened Tea Mix – Honey	81332	3	1 packet	72/7.2g	72/7.2g	20	0	100	5	0	3 yr	Ⓢ	✓			
Clear Thickened Coffee Mix - Nectar	81331	2	1 packet	72/5g	72/5g	15	0	80	3	0	3 yr	Ⓢ	✓			
Clear Thickened Coffee Mix - Honey	81327	3	1 packet	72/7g	72/7g	20	0	100	5	0	3 yr	Ⓢ	✓			

*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.

†HCPSC code B4100

for SWALLOWING DIFFICULTY

THICKENED BEVERAGES – READY TO SERVE

THICK & EASY® Clear Thickened juices and beverages are thickened using xanthan gum. This allows for best in class flavor and appearance while delivering reliable product consistency.

FEATURES:

- Appealing taste & appearance
- Available in two consistencies: IDDSI Level 2  and Level 3 
- No high fructose corn syrup
- 1 year shelf life

BENEFITS:

- A dignified option for those with swallowing difficulty
- A refreshing drinking experience
- A time saver for care providers
- Assurance that the liquids are thickened correctly every time
- Diabetic options- HYDROLYTE® Thickened Water and Thickened Sugar Free Peach Mango Drink
- Options for low carbohydrate dietary needs

Try our
Sugar Free
Peach Mango
Drink!

THICKENED DAIRY – READY TO SERVE

Our **THICK & EASY®** Thickened Dairy Beverages use 2% reduced fat thickened milk which has that “real dairy” taste because it is packaged fresh and provide the same nutritional benefits as regular milk. Thickening dairy-based products can be difficult even for well trained staff. Our thickened dairy beverages allow you to provide a high-quality and consistent beverage every time.

Product Information

SHELF STABLE	Item Number	IDDSI Level	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY® CLEAR Thickened Beverages – 46oz Ready to Serve																
HYDROLYTE® Thickened Water – Nectar with a Hint of Lemon	12863		12 fl oz	6/46 fl oz	23/12 fl oz	5	0	110	1	0	1 yr	Ⓢ	✓			
HYDROLYTE® Thickened Water – Honey with a Hint of Lemon	27076		12 fl oz	6/46 fl oz	23/12 fl oz	15	0	150	3	0	1 yr	Ⓢ	✓			
Thickened Iced Tea – Nectar	28702		12 fl oz	6/46 fl oz	23/12 fl oz	150	0	90	36	0	1 yr	Ⓢ	✓			
Thickened Iced Tea – Honey	45587		12 fl oz	6/46 fl oz	23/12 fl oz	150	0	130	37	0	1 yr	Ⓢ	✓			
Thickened Cranberry Juice Cocktail – Nectar	15813		8 fl oz	6/46 fl oz	34/8 fl oz	100	0.5	70	25	0	1 yr	Ⓢ	✓			
Thickened Cranberry Juice Cocktail – Honey	48030		8 fl oz	6/46 fl oz	34/8 fl oz	120	0.5	110	27	0	1 yr	Ⓢ	✓			
Thickened Apple Juice – Nectar	28876		8 fl oz	6/46 fl oz	34/8 fl oz	120	1	75	27	0	1 yr	Ⓢ	✓			
Thickened Apple Juice – Honey	30634		8 fl oz	6/46 fl oz	34/8 fl oz	120	1.5	140	27	0	1 yr	Ⓢ	✓			
Thickened Orange Juice – Nectar	42161		8 fl oz	6/46 fl oz	34/8 fl oz	110	0	70	27	1	1 yr	Ⓢ	✓			
Thickened Orange Juice – Honey	40123		8 fl oz	6/46 fl oz	34/8 fl oz	110	0	120	27	1	1 yr	Ⓢ	✓			
Thickened Kiwi Strawberry – Nectar	27930		8 fl oz	6/46 fl oz	34/8 fl oz	130	1	90	31	0	1 yr	Ⓢ	✓			
Thickened Kiwi Strawberry – Honey	11840		8 fl oz	6/46 fl oz	34/8 fl oz	140	1	110	32	0	1 yr	Ⓢ	✓			
Thickened Sugar Free Peach Mango – Nectar	79018		12 fl oz	6/46 fl oz	23/12 fl oz	10	0	100	3	0	1 yr	Ⓢ	✓			
THICK & EASY® CLEAR Thickened Beverages – 4oz Single Serve																
HYDROLYTE® Thickened Water – Nectar with a Hint of Lemon	23061		4 fl oz	24/4 fl oz	24/4 fl oz	0	0	40	0	0	1 yr	Ⓢ				
HYDROLYTE® Thickened Water – Honey with a Hint of Lemon	46056		4 fl oz	24/4 fl oz	24/4 fl oz	5	0	60	1	0	1 yr	Ⓢ				
Thickened Iced Tea – Nectar	28259		4 fl oz	24/4 fl oz	24/4 fl oz	50	0	45	12	0	1 yr	Ⓢ				
Thickened Iced Tea – Honey	32870		4 fl oz	24/4 fl oz	24/4 fl oz	50	0	60	13	0	1 yr	Ⓢ				
Thickened Cranberry Juice Cocktail – Nectar	39705		4 fl oz	24/4 fl oz	24/4 fl oz	45	0	40	11	0	1 yr	Ⓢ				
Thickened Cranberry Juice Cocktail – Honey	20160		4 fl oz	24/4 fl oz	24/4 fl oz	50	0	60	13	0	1 yr	Ⓢ				
Thickened Apple Juice – Nectar	41530		4 fl oz	24/4 fl oz	24/4 fl oz	60	1	55	13	0	1 yr	Ⓢ				
Thickened Apple Juice – Honey	12687		4 fl oz	24/4 fl oz	24/4 fl oz	60	0	70	14	0	1 yr	Ⓢ				
Thickened Orange Juice – Nectar	49144		4 fl oz	24/4 fl oz	24/4 fl oz	45	0	45	11	0	1 yr	Ⓢ				
Thickened Orange Juice – Honey	32192		4 fl oz	24/4 fl oz	24/4 fl oz	50	0	70	12	0	1 yr	Ⓢ				
Thickened Sugar Free Peach Mango – Nectar	78768		4 fl oz	24/4 fl oz	24/4 fl oz	5	0	40	1	0	1 yr	Ⓢ				
Thickened Sugar Free Peach Mango – Honey	78769		4 fl oz	24/4 fl oz	24/4 fl oz	5	0	70	1	0	1 yr	Ⓢ				
THICK & EASY® Thickened Dairy – Ready to Serve																
Thickened Dairy – Nectar	73625		8 fl oz	8/32 fl oz	32/8 fl oz	170	5	210	23	8	15 mo	Ⓢ-D				✓
Thickened Dairy – Honey	73626		8 fl oz	8/32 fl oz	32/8 fl oz	180	5	240	26	8	15 mo	Ⓢ-D				✓
Thickened Dairy – Nectar	24739		8 fl oz	27/8 fl oz	27/8 fl oz	170	5	210	23	8	15 mo	Ⓢ-D				✓
Thickened Dairy – Honey	41805		8 fl oz	27/8 fl oz	27/8 fl oz	180	5	240	26	8	15 mo	Ⓢ-D				✓
Thickened Dairy – Chocolate – Nectar	72447		8 fl oz	27/8 fl oz	27/8 fl oz	210	5	210	32	8	15 mo	Ⓢ-D				✓

*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.

TEXTURE MODIFIED BREAKFAST & DESSERT SELECTIONS

Great tasting! Great looking breakfast and dessert is easy with Lyons Health Labs pureed breakfast selections.

FEATURES:

- Over 12 tasty varieties to choose from
- 4 tasty dessert or snack options
- Individual shaped portions or multi-serve packaging options
- Wonderful aromas to improve eating experience
- Easy to use bacon and sausage options

BENEFITS:

- Great tasting food can promote consumption
- Shaped items offer a classy, dignified plate appearance
- Patients or residents love the quality

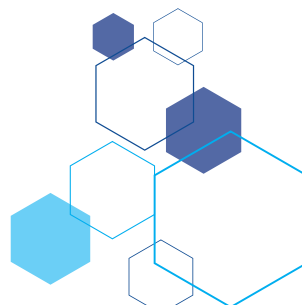
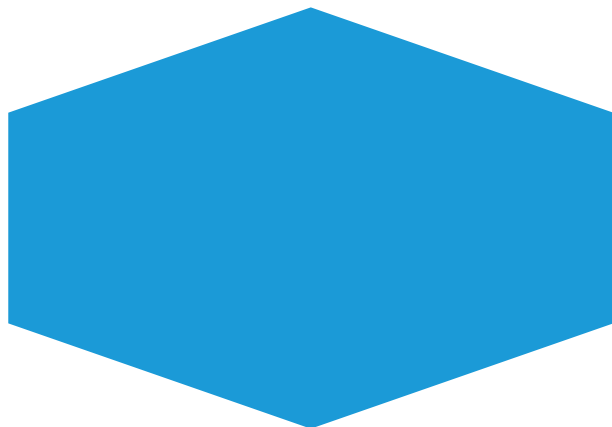
*Delicious and
Simple to make.*



Product Information

FROZEN	Item Number	IDDSI Level	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY® Shaped Pureed Breakfast																
Shaped Pureed Omelet	72475	4	each	24/2.5 oz	24/2.5 oz	130	11	210	2	6	1 yr	N				✓
Shaped Pureed Sausage Links	72478	4	each	24/2.5 oz	24/2.5 oz	110	6	320	3	11	1 yr	N		✓		
Shaped Pureed Waffle	72473	4	each	24/2.5 oz	24/2.5 oz	100	3	210	13	5	1 yr	N		✓		✓
Shaped Pureed Pancakes	72476	4	each	24/2.5 oz	24/2.5 oz	110	3	270	13	7	1 yr	N		✓		✓
Shaped Pureed Breakfast Variety Pack (Omelet, Sausage, Waffle, Pancake)	72491	4	each	24/2.5 oz	24/2.5 oz	—	—	—	—	—	1 yr	—		✓		✓
THICK & EASY® Pureed Meats																
Pureed Pork Sausage	37334	4	1 patty	90/1 oz	90/1 oz	50	2.5	150	1	5	1 yr	N		✓		✓
Pureed Bacon	24037	4	1 patty	90/1 oz	90/1 oz	50	3	240	1	4	1 yr	N		✓		✓
THICK & EASY® Bulk Pureed Meat																
Bulk Pureed Sausage	78718	4	1/3 cup	6/2.25 lb	77/ 1/3 cup	130	7	370	2	14	18 mo	N		✓		
Bulk Pureed Bacon	78720	4	1/3 cup	6/2.25 lb	74/ 1/3 cup	120	7	350	2	14	18 mo	N				
THICK & EASY® Pureed Meals - Shelf Stable																
Scrambled Eggs with Potatoes, and Bacon	60740		1 tray	7/7 oz	7/7 oz	280	17	420	17	14	18 mo	N				✓
Maple Cinnamon French Toast	60742		1 tray	7/7 oz	7/7 oz	280	9	310	40	14	18 mo	N		✓		✓
THICK & EASY® CLIFFDALE FARMS™ Individual Serving Breakfast and Dessert Purees																
Apple Cinnamon French Toast	41076	4	3 oz	24/3 oz	24/3 oz	110	3	140	13	8	1 yr	N		✓		✓
Vanilla Cake - Artificially Flavored	27477		3 oz	24/3 oz	24/3 oz	120	3.5	170	14	8	1 yr	N		✓		✓
THICK & EASY® CLIFFDALE FARMS™ - Half Pan Dessert Purees																
Strudel Inspired Apple Dessert	37158	4	1/2 cup	4/4 lb	60/ 1/2 cup	140	3	230	18	10	1 yr	N		✓		✓
Vanilla Cake - Artificially Flavored	18413	4	1/2 cup	4/4 lb	60/ 1/2 cup	150	4.5	260	18	10	1 yr	N		✓		✓

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TEXTURE MODIFIED CENTER OF THE PLATE CHOICES

Lyons Health Labs center of the plate texture modified proteins taste fantastic, look great and are easy to prepare.

SHAPED PUREES FEATURES AND BENEFITS:

- Great plate appearance for improved dining presentation and experience
- Simple preparation, just steam and serve
- Varieties taste like homemade with great aromas for everyone's enjoyment
- Excellent source of protein for easy menu planning

PUREE MULTI SERVE PACK STYLE FEATURES AND BENEFITS:

- Boil-in-bag packaging is labor saving and convenient
- Reliable taste and texture every meal
- Versatile meats for easy recipe development

IDDSI LEVEL 5 READY MINCED MEATS FEATURES AND BENEFITS:

- IDDSI Level 5 particulate size
- Excellent source of protein
- Versatile usage options
- Suitable for IDDSI levels 6 and 7
- Simple, clean ingredient label



Product Information

FROZEN	Item Number	IDDSI Level	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY® Shaped Pureed Meats																
Shaped Pureed Roast Beef	10837	4	each	24/3 oz	24/3 oz	130	7	350	2	15	1 yr	N				
Shaped Pureed Beef Patty	49846	4	each	24/3 oz	24/3 oz	130	7	390	3	14	1 yr	N				
Shaped Pureed Roast Turkey	11505	4	each	24/3 oz	24/3 oz	130	7	310	2	15	1 yr	N				
Shaped Pureed Ham	25435	4	each	24/3 oz	24/3 oz	120	7	630	2	13	1 yr	N				
Shaped Pureed Chicken	37954	4	each	24/3 oz	24/3 oz	140	8	340	2	14	1 yr	N				
Shaped Pureed Roast Pork	38393	4	each	24/3 oz	24/3 oz	150	9	360	2	15	1 yr	N				
Shaped Pureed Fish Fillet	45926	4	each	24/3 oz	24/3 oz	90	2	330	2	17	1 yr	N				
Shaped Pureed Meats-Variety Pack (Roast Beef, Chicken, Pork, Turkey)	33539	4	each	24/3 oz	24/3 oz	—	—	—	—	—	1 yr	N				
THICK & EASY® Bulk Pureed Meat																
Bulk Pureed Beef	78544	4	1/3 cup	6/2.25 lb	72/ 1/3 cup	340	7	380	2	15	18 mo	N				
Bulk Pureed Pork	78719	4	1/3 cup	6/2.25 lb	72/ 1/3 cup	150	9	380	2	14	18 mo	N				
Bulk Pureed Chicken	78549	4	1/3 cup	6/2.25 lb	72/ 1/3 cup	90	3	340	3	13	18 mo	N				
THICK & EASY® CLIFFDALE FARMS™ REDI-MELT™ Puree																
Pureed Souffle with Chicken	29130		3 oz	120/1 oz	40/3 oz	140	8	320	3	14	1 yr	N		✓		✓
THICK & EASY® All Natural Level 5 Ready Minced Meats																
Minced Ground Beef	114401	5	1/2 cup	6/6 serv. bags	36/ 1/2 cup	110	6	25	0	14	1 yr	N				
Minced Ground Chicken	114402	5	1/2 cup	6/6 serv. bags	36/ 1/2 cup	100	4.5	40	0	14	1 yr	N				
Minced Ground Pork	114403	5	1/2 cup	6/6 serv. bags	36/ 1/2 cup	110	5	40	0	15	1 yr	N				
Minced Ground Turkey	114404	5	1/2 cup	6/6 serv. bags	36/ 1/2 cup	70	2	30	0	14	1 yr	N				

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Make
mealtime more
appetizing with
THICK & EASY®
Shaped Purees!



TEXTURE MODIFIED MAIN DISH OPTIONS

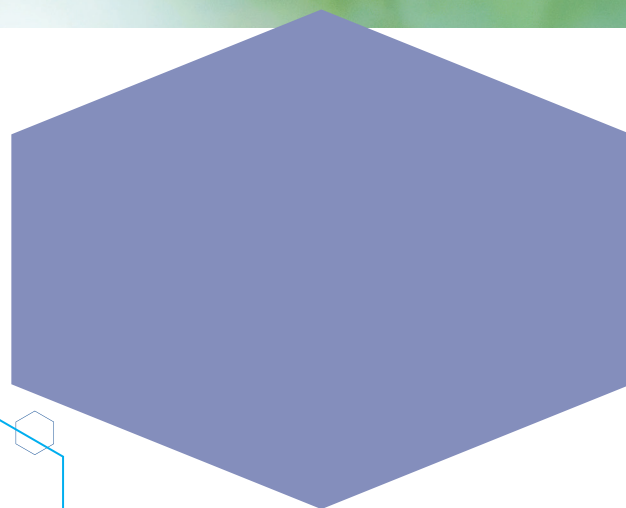
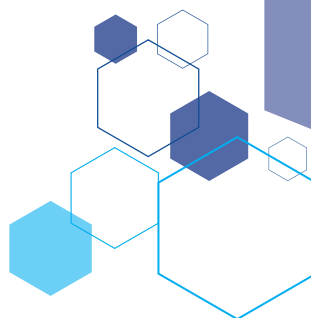
Lyons Health Labs offers a unique line of main dish options that deliver unbelievable quality and flavor your patients or residents will love!

FEATURES:

- Recipes inspired by white table cloth dining
- Moist and flavorful varieties
- Perfect pureed texture
- Filled with high quality protein
- Available in individual servings and multi-serve options

BENEFITS:

- Dining enjoyment with great tasting foods
- Simple to make and easy to fit into most menus
- Individual portions eliminate risk of wasting food
- Great aroma will improve appetite appeal



Product Information

FROZEN	Item Number	IDDSI Level	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY® CLIFFDALE FARMS™ Half Pan Purees																
Au Gratin Inspired Pureed Broccoli, Egg & Cheese Bake	29946	4	1/2 cup	4/4 lb	64/ 1/2 cup	170	10	350	7	14	1 yr	N				✓
Tuna Cheddar Melt	43911	4	1/2 cup	4/4 lb	64/ 1/2 cup	110	6	340	5	10	1 yr	N				✓
Cheese Pizza	20517	4	1/2 cup	4/4 lb	64/ 1/2 cup	160	7	390	8	15	1 yr	N		✓		✓
THICK & EASY® CLIFFDALE FARMS™ Individual Serving Purees																
Garden Vegetable Medley	36776	4	4 oz	24/4 oz	24/4 oz	180	9	350	10	14	1 yr	N		✓		✓
Chicken & Vegetable	18896	4	4 oz	24/4 oz	24/4 oz	150	8	350	7	12	1 yr	N				✓
Alaskan Seafood	45927	4	4 oz	24/4 oz	24/4 oz	170	9	370	7	14	1 yr	N		✓		✓
Roast Beef & Cheddar	31180	4	4 oz	24/4 oz	24/4 oz	150	7	300	5	17	1 yr	N		✓		✓
THICK & EASY® Pureed Meals - Shelf Stable																
Roast Chicken, Potatoes & Carrots	60748		1 tray	7/7 oz	7/7 oz	250	16	430	13	14	18 mo	N				
Roasted Turkey, Stuffing, & Green Beans	60749		1 tray	7/7 oz	7/7 oz	260	15	460	18	13	18 mo	N		✓		
Homestyle Beef, Potatoes, & Corn	60747		1 tray	7/7 oz	7/7 oz	260	11	490	27	13	18 mo	N				
Italian Style Lasagna	60744		1 tray	7/7 oz	7/7 oz	270	9	500	34	14	18 mo	N		✓		✓

*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.

THICK & EASY® Pureed Meals offer a meal solution for those with swallowing difficulties in 6 nutritious and delicious flavor varieties for all meals of the day. Let us help provide you and your family members with consistent quality, exceptional taste and a safe pureed textured meal. It is our simplest preparation. There is no refrigeration required for storage. The pureed meals require a microwave for preparation and are ready to serve in 60 seconds.

FEATURES:

- Exceptional taste
- Consistent pureed texture
- Simplest preparation yet
- 6 nutritious varieties
- Convenient for late night admissions
- Solution for labor issues
- Ideal for emergency backup plans



TEXTURE MODIFIED SIDE DISH OPTIONS

Lyons Health Labs understands the importance of creating the perfect looking and tasting pureed meal. Our side dish options are appreciated by patients and residents because they make a great looking meal and deliver rich flavors and vibrant colors.

FEATURES:

- Easy to use breads, fruits and vegetables, even mac and cheese!
- Shaped fresh tasting vegetables with fantastic on plate appearance
- Sweet fruit brightens up plates and faces
- Available in variety packs
- Bread and vegetables offer multi-serving packaging options

BENEFITS:

- Pureed diet foods residents and patients want to eat!
- Great taste, aroma and appearance improve appetite appeal
- Easy prep saves labor in the kitchen
- Many pack size options make it easy to use in every facility

Product Information

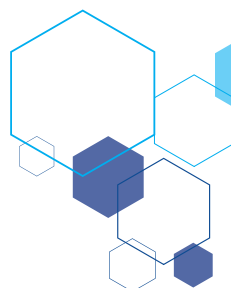
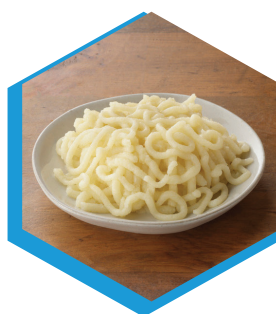
FROZEN	Item Number	IDDSI Level	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY® CLIFFDALE FARMS™ Individual Serving Purees																
Country Style Bread	31560	4	3 oz	24/3 oz	24/3oz	170	9	240	14	7	1 yr	N		✓		✓
THICK & EASY® CLIFFDALE FARMS™ REDI-MELT™ Purees																
Country Style Bread	23885	4	3 oz	120/1 oz	40/3oz	170	9	240	14	7	1 yr	N		✓		✓
THICK & EASY® Shaped Pureed Vegetables and Side Dishes																
Shaped Pureed Carrots	39312	4	each	24/3 oz	24/3 oz	150	9	330	17	1	1 yr	N				
Shaped Pureed Broccoli	26522	4	each	24/3 oz	24/3 oz	140	9	390	12	2	1 yr	N				
Shaped Pureed Corn	27074	4	each	24/3 oz	24/3 oz	190	10	340	23	1	1 yr	N				
Shaped Pureed Peas	12705	4	each	24/3 oz	24/3 oz	140	7	370	15	3	1 yr	N				
Shaped Pureed Green Beans	12118	4	each	24/3 oz	24/3 oz	120	8	370	12	1	1 yr	N				
Shaped Pureed Vegetable Variety (Corn, Carrot, Green Bean, Green Pea)	47876	4	each	24/3 oz	24/3 oz	—	—	—	—	—	1 yr	N				
Shaped Pureed Imitation Mac & Cheese	72493		each	24/3 oz	24/3 oz	200	13	430	8	12	1 yr	N				✓
THICK & EASY® Bulk Pureed Vegetables																
Bulk Pureed Carrots	34332	4	1/3 cup	6/2 lb	71/ 1/3 cup	110	6	80	14	0	2 yr	N				
Bulk Pureed Broccoli	13055	4	1/3 cup	6/2 lb	69/ 1/3 cup	90	6	25	9	1	2 yr	N				
Bulk Pureed Corn	18637	4	1/3 cup	6/2 lb	69/ 1/3 cup	170	9	20	22	1	2 yr	N				
Bulk Pureed Peas	38561	4	1/3 cup	6/2 lb	69/ 1/3 cup	120	7	40	13	2	2 yr	N				
Bulk Pureed Green Beans	45076	4	1/3 cup	6/2 lb	69/ 1/3 cup	100	7	25	9	1	2 yr	N				
Bulk Pureed Pasta	114399	4	1/2 cup	6/2.2 lb	48/ 1/2 cup	180	12	310	15	2	18 mo	N		✓		
Bulk Pureed Rice	114400	4	1/2 cup	6/2.2 lb	48/ 1/2 cup	150	10	270	14	2	18 mo	N				
THICK & EASY® Shaped Pureed Fruits																
Shaped Pureed Peaches	13301	4	each	24/2.5 oz	24/2.5 oz	90	1	60	20	0	1 yr	N				
Shaped Pureed Pears	27605	4	each	24/2.5 oz	24/2.5 oz	90	1	30	20	0	1 yr	N				
Shaped Pureed Mixed Berries	13883	4	each	24/2.5 oz	24/2.5 oz	100	1	25	23	0	1 yr	N				
Shaped Pureed Pineapple	28170	4	each	24/2.5 oz	24/2.5 oz	90	1	30	20	0	1 yr	N				
Shaped Pureed Fruit (Peach, Pear, Mixed Berry, Pineapple)	17422	4	each	24/2.5 oz	24/2.5 oz	—	—	—	—	—	1 yr	N				

SHELF STABLE	Item Number	IDDSI Level	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY® Pureed Side Dishes																
Texture Modified Bread & Dessert Mix 9lb Box	48862	4 5 6	2 Tbsp	1/9lb	226/2 Tbsp	60	0.5	70	13	2	3 yr	①-D Halal		✓		✓
Texture Modified Bread & Dessert Mix Pouch	118519	4 5 6	2 Tbsp	12/10.6	192/2 Tbsp	60	0.5	70	13	2	3 yr	①-D Halal		✓		✓

*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.



Appearance offers appetite appeal



FORTIFIED NUTRITIONAL SHAKES

MED PASS® Fortified Nutritional Shakes provide a convenient way to supplement calories and protein. Designed to be used as a medication pass drink, **MED PASS®** products deliver more nutrition than water, juice, or milk. This additional intake can mean weight maintenance or weight gain. **MED PASS® Reduced Sugar Fortified Nutritional Shake** has a carbohydrate-controlled formula ideal for many carbohydrate restrictive diets.

FEATURES:

- Provides 128 calories and 5g of protein in 2 oz.
- Fortified with vitamins and minerals
- IDDSI Level **2** Mildly Thick - nectar consistency
- Shelf stable

BENEFITS:

- Patients or residents enjoy the creamy rich flavor
- Convenient on nursing carts
- Consumption easily monitored by nursing
- Eliminates waste associated with individual servings
- Readily accepted by residents

PROTEIN NUTRITION SHAKES

LYONS VITAL CUISINE® 500 Shakes

FEATURES:

- 520 calories per serving
- 22 grams of protein per serving
- Use for involuntary weight loss, surgical recovery, injury or stress
- IDDSI Level **2** Mildly Thick - nectar consistency
- Flavor varieties include vanilla and chocolate

PROTEIN & AMINO ACID SOLUTION

HEALTHY SHOT® Protein Supplement is a peach flavored clear beverage. A 2.5 fl oz serving supplies 100 calories and 24 grams of high quality protein. It is also fortified with a select nutrient blend that includes Vitamins A, C, D, E and folic acid. It is a supplement beverage for individuals who require the extra protein without all the calories and fluid volume. It is ideal for individuals with increased protein needs, during surgical recovery, trauma, wounds, cancer treatment and undergoing dialysis.

Product Information

SHELF STABLE	Item Number	IDDSI Level	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
MED PASS® Fortified Nutritional Shake																
Fortified Nutritional Shake - Vanilla	27016†	2	8 fl oz	12/32 fl oz	48/8 fl oz	510	19	360	65	20	15 mo	Ⓢ-D			✓	✓
Fortified Nutritional Shake - Butter Pecan	46463†	2	8 fl oz	12/32 fl oz	48/8 fl oz	510	19	360	65	20	15 mo	Ⓢ-D			✓	✓
Reduced Sugar Fortified Nutritional Shake - Vanilla	22649†	2	8 fl oz	12/32 fl oz	48/8 fl oz	360	24	400	32	20	15 mo	Ⓢ-D			✓	✓
LYONS VITAL CUISINE® 500 Shakes																
Vanilla	72504	2	8.45 oz	27/8.45 fl oz	27/8.45 fl oz	520	22	380	59	22	18 mo	Ⓢ-D				✓
Chocolate	72502	2	8.45 oz	27/8.45 fl oz	27/8.45 fl oz	520	21	380	60	22	18 mo	Ⓢ-D				✓

*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.

†HCPCS code B4152 ‡HCPCS code B4154 **HCPCS code B4155 ††HCPCS code A9270

L-EMENTAL® ARGININE DRINK MIX

LYONS VITAL CUISINE® L-EMENTAL® Arginine Supplement Mix is a blend of Arginine, Vitamin C, Vitamin E, and Zinc. Arginine becomes conditionally essential during times of metabolic stress. It can be used for dietary management of pressure ulcer patients

FEATURES:

- 4.5g of L-Arginine per serving
- Fortified with Vitamin C and Vitamin E for antioxidant purposes
- Convenient single serve packets

BENEFITS:

- Mixes easily with water, juices, carbonated beverages, or other clear liquids
- May help to maintain skin integrity

PROTEIN & CALORIE DRINK MIXES

LYONS VITAL CUISINE® Instant Breakfast and Shake Mixes are a tasty way to supplement nutritional intake. These mixes are a good source of both protein and calories and are fortified with essential vitamins and minerals. Functionality is only the beginning; after one taste, you'll forget that these are nutritional mixes. These shake mixes offer simple "just add milk" preparation and are available in a variety of flavors.

PROTEIN & CALORIE FOOD SUPPLEMENTS

LYONS VITAL CUISINE® PROPASS® Whey Protein Supplement Powder is designed to be added to foods and beverages or used in tube feedings, delivering 6g of protein per serving. This protein powder was manufactured to mix easily without clumping. It was formulated with limited color and flavor so when mixed with foods or beverages it results in a limited change to taste or appearance. The added high quality whey protein is ideal for adding extra dietary protein for pressure injuries or unintended weight loss.

MULTI MIX™ Calorie & Protein Supplement is the original food first intervention to combat unintended weight loss. This adds calories and proteins to hot and cold foods or beverages without altering flavors. This versatile option is a great alternative to meal supplements.

Product Information

SHELF STABLE	Item Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
LYONS VITAL CUISINE® L-EMENTAL® Arginine Supplement Mix															
Arginine Supplement Mix - Orange	41057*	1 packet	50/10.3g	50 packets	30	1	5	1	0	2 yr	K Parve				
LYONS VITAL CUISINE® Protein and Calorie Drink Mixes															
Shake Mix - Vanilla	28289	1/4 cup	6/20.5 oz	96/8 fl oz	140	1	110	26	6	2 yr	Ⓢ-D				✓
Shake Mix - Chocolate	38316	1/4 cup	6/22.6 oz	96/8 fl oz	150	1.5	110	27	7	2 yr	Ⓢ-D				✓
Shake Mix - Strawberry	28696	1/4 cup	6/20.5 oz	96/8 fl oz	140	1	110	26	6	2 yr	Ⓢ-D				✓
Instant Breakfast Mix - Vanilla	25786	1/4 cup	12/9.6 oz	96/8 fl oz	120	0	90	23	7	2 yr	Ⓢ-D		✓		
Protein and Calorie Supplements - Dry Mix															
LYONS VITAL CUISINE® PROPASS® Whey Protein Supplement	15309*	1 Packet	100/8g	100 packets	35	0.5	15	1	6	2 yr	KD	✓			✓
LYONS VITAL CUISINE® PROPASS® Whey Protein Supplement	13126*	8g	4/7.5 oz	104 scoops	35	0.5	15	1	6	2 yr	KD	✓			✓
MULTI MIX™ Calorie & Protein Supplement	19823*	1/4 cup	1/3.5 lb	50/ 1/4 cup	120	2	150	13	12	1 yr	KD	✓			✓

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*HPCPS code B4155

PROTEIN & CALORIE SNACKS AND DESSERTS

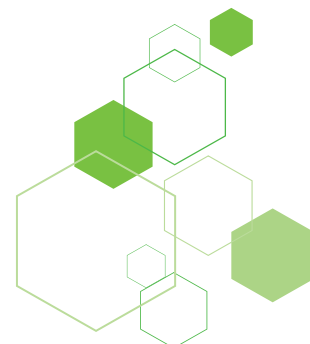
MAGIC CUP® Dessert is a unique nutritional frozen novelty designed to delight patients or residents with it's creamy flavor. **MAGIC CUP® Desserts** are ideal for dysphagia diets appearing ice cream-like when frozen and IDDSI level 4 when served chilled. Available in several flavors as well as reduced sugar.

FEATURES:

- Suitable for dysphagia diets
- Nutritionally dense

BENEFITS:

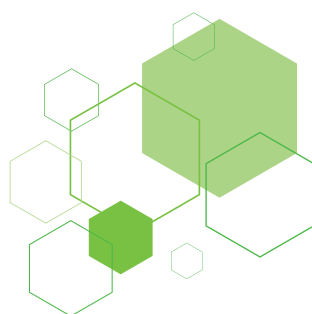
- Adds variety to supplement rotation
- Ideal to serve with meals as a dignified intervention for unintended weight loss.



LYONS VITAL CUISINE® Instant Custard Mix is available in regular and reduced calorie options. They are tasty enough to be served to all residents and fulfill the diet requirement for your low calorie, diabetic and fat restricted diets. **LYONS VITAL CUISINE® Instant Custard Mix** offers convenient, just add water directions, easy to serve, and can help with menu planning.

FEATURES:

- Reduced calorie option
- Rich flavor
- Easy menu planning
- Easy preparation



Product Information

FROZEN	Item Number	IDDSI Level	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
MAGIC CUP® Dessert																
Vanilla	19850	4	1 container	48/4 oz	48 containers	290	11	130	38	9	1 yr	N	✓			✓
Chocolate	33904	4	1 container	48/4 oz	48 containers	290	11	130	38	9	1 yr	N	✓			✓
Wild Berry	44180	4	1 container	48/4 oz	48 containers	290	11	130	38	9	1 yr	N	✓			✓
Butter Pecan	72508	4	1 container	48/4 oz	48 containers	290	11	130	38	9	1 yr	N	✓			✓
Reduced Sugar - Vanilla	72509	4	1 container	48/4 oz	48 containers	280	13	130	32	9	1 yr	N	✓			✓
LYONS VITAL CUISINE® Instant Custard Mix																
Instant Custard Mix	48167		3 Tbsp	6/32 oz	192/ 1/2 cup	100	0	140	20	5	2 yr	Ⓢ-D				✓
Reduced Calorie Instant Custard Mix	29929		3 Tbsp	6/24 oz	192/ 1/2 cup	70	0.5	140	11	6	2 yr	Ⓢ-D				✓

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NUTRITIONAL SUPPLEMENTS AND DRINKS

LYONS VITAL CUISINE® MIGHTYSHAKES® Nutritional Shakes are a creamy and delicious milkshake offering patients or residents extra calories and protein.

FEATURES:

- Creamy milkshake taste with multiple varieties
- Reduced sugar options available
- Honey Consistency Vanilla Reduced Sugar meets IDDSI Level 3* for residents with swallowing difficulties

BENEFITS:

- Great dietary intervention for poor appetite, involuntary weight loss, and malnutrition
- Multiple varieties prevent flavor fatigue
- Rich taste may promote consumption and enjoyment

LYONS VITAL CUISINE® GREAT SHAKE™ PLUS Nutritional Soy Supplements are a creamy delicious shake that deliver calories and protein without lactose.

FEATURES:

- Soy based protein supplement
- Kosher, Lactose free, and gluten free
- Enjoy creamy vanilla and rich chocolate flavors

NUTRITIONAL JUICE DRINKS

LYONS VITAL CUISINE® Nutritious Juice Drinks are the perfect way to increase calories and protein in a clear liquid diet. This fat free fruit flavored beverage offers a refreshing alternative to our popular dairy based shakes.



Product Information

FROZEN	Item Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
LYONS VITAL CUISINE® MIGHTYSHAKES® Nutritional Shake															
Vanilla	12976	4 fl oz	75/4 fl oz	75	220	7	100	33	6	15 mo	Ⓢ-D				✓
Chocolate	26337	4 fl oz	75/4 fl oz	75	220	7	100	33	6	15 mo	Ⓢ-D				✓
Strawberry	43217	4 fl oz	75/4 fl oz	75	220	7	100	33	6	15 mo	Ⓢ-D				✓
Orange Creme	14383	4 fl oz	75/4 fl oz	75	220	7	100	33	6	15 mo	Ⓢ-D				✓
Vanilla	12535	6 fl oz	50/6 fl oz	50	330	10	150	50	9	15 mo	Ⓢ-D				✓
Chocolate	25938	6 fl oz	50/6 fl oz	50	330	10	150	50	9	15 mo	Ⓢ-D				✓
Strawberry	42873	6 fl oz	50/6 fl oz	50	330	10	150	50	9	15 mo	Ⓢ-D				✓
Reduced Sugar - Vanilla	32801	4 fl oz	50/4 fl oz	50	200	10	140	20	7	15 mo	Ⓢ-D				✓
Reduced Sugar - Chocolate	72501	4 fl oz	50/4 fl oz	50	200	10	110	20	7	15 mo	Ⓢ-D				✓
Reduced Sugar - Strawberry/Banana	43479	4 fl oz	50/4 fl oz	50	200	10	110	20	7	15 mo	Ⓢ-D				✓
Reduced Sugar - Vanilla	15845	6 fl oz	50/6 fl oz	50	300	15	210	30	11	15 mo	Ⓢ-D				✓
Reduced Sugar - Strawberry	17237	6 fl oz	50/6 fl oz	50	300	15	190	30	11	15 mo	Ⓢ-D				✓
Reduced Sugar - Honey Consistency - Vanilla	45475	4 fl oz	50/4 fl oz	50	200	10	120	21	7	15 mo	Ⓢ-D				✓
LYONS VITAL CUISINE® Nutritious Juice Drinks															
Nutritious Juice Drink - Orange	16784	6 fl oz	50/6 oz	50	200	0	70	43	6	15 mo	Ⓢ-D	✓			✓
Nutritious Juice Drink - Apple/Cranberry	37331	6 fl oz	50/6 oz	50	200	0	50	43	6	15 mo	Ⓢ-D	✓			✓
Nutritious Juice Drink - White Grape	17909	6 fl oz	50/6 oz	50	200	0	50	44	6	15 mo	Ⓢ-D	✓			✓
LYONS VITAL CUISINE® GREAT SHAKE™ PLUS Nutritional Soy Supplement															
Nutritional Soy Shake - Vanilla	14525	4 fl oz	50/4 fl oz	50	240	13	130	23	8	15 m	Ⓢ-D	✓		✓	✓
Nutritional Soy Shake - Chocolate	28009	4 fl oz	50/4 fl oz	50	240	13	130	23	8	15 m	Ⓢ-D	✓		✓	✓

*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.

*Always test viscosity before serving

for MODIFIED DIETS

HERB-OX® BROTHS

HERB-OX® Broth packets are widely recognized as the leading brand of instant broth in healthcare. **HERB-OX®** products are the perfect hydration alternative. Convenient single serve packets make a flavorful cup of broth. Suitable for clear liquid diets, **HERB-OX®** products can be placed on the serving tray as it is delivered to the patient's room. A functional dispenser carton also allows for nursing stations to keep **HERB-OX®** products on hand for use throughout the day.

DIETETIC CONDIMENTS

MENU MAGIC® Dietetic Condiments are an easy way to liven up modified diets. This high quality line of condiments is low in calories, fat, sodium and sugars. Each portion is packaged with easy to open cups and pouches.

FEATURES:

- Low in calories, fat, sodium and sugars
- Individual serving size

BENEFITS:

- Perfect for numerous modified diets, including diabetic, weight loss, and sodium restricted.
- Individual serving size ensures controlled intakes as well as costs.

REDUCED CALORIE DESSERTS

LYONS VITAL CUISINE® Reduced Calorie Instant Custard Mix is tasty enough to be served to all residents and fulfill the diet requirement for your low calorie, diabetic and fat restricted diets.

FEATURES:

- Convenient just add water mixing directions
- Great tasting

BENEFITS:

- Offers an additional dessert variety
- Eases menu planning



Product Information

SHELF STABLE	Item Number	Serving Size	Case Pack	Case Yield	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
HERB-OX® Broths															
Beef Broth Packets	35188	1 packet	6/50 pkt	300 pkt	5	0	1040	1	0	2 yr	N	✓			
Chicken Broth Packets	34793	1 packet	6/50 pkt	300 pkt	5	0	1100	1	0	2 yr	N	✓			
Vegetable Broth Packets	35562	1 packet	6/50 pkt	300 pkt	5	0	960	1	0	2 yr	N	✓			
Sodium Free Beef Broth Packets	23371	1 packet	6/50 pkt	300 pkt	10	0	0	2	0	2 yr	N	✓			
Sodium Free Chicken Broth Packets	36087	1 packet	6/50 pkt	300 pkt	10	0	0	2	0	2 yr	N	✓			
Beef Bouillon Cube	42010	1 cube	12/25 ct	300 cubes	5	0	960	1	0	18 mo	N	✓			
Chicken Bouillon Cube	42011	1 cube	12/25 ct	300 cubes	5	0	1020	1	0	18 mo	N	✓			
Vegetable Bouillon Cube	42012	1 cube	12/25 ct	300 cubes	5	0	960	1	0	18 mo	N	✓			
MENU MAGIC® Dietetic Condiments															
Sugar Free Maple Flavor Syrup	04179	1 package	100/28g	100	0	0	60	0	0	6 mo	Ⓢ				
Fat Free, Low Sodium Italian Dressing	13362	1 package	200/12g	200	5	0	20	1	0	6 mo	Ⓢ				
Fat Free, Low Sodium French Dressing	42526	1 package	200/12g	200	15	0	20	4	0	6 mo	Ⓢ				
LYONS VITAL CUISINE® Instant Custard Mix															
Reduced Calorie Instant Custard Mix	29929	3 Tbsp	6/24 oz	6/24 oz	70	0.5	140	11	6	2 yr	Ⓢ-D				✓

*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.

Resources from Lyons Health Labs

CHECK OUT OUR RESOURCES CENTER!

Our experts, along with industry professionals tackle health concerns and provide tips, tricks and advice for managing health challenges in the kitchen.

VISIT: www.lyonshealthlabs.com/resources/

> IDDSI Competencies training



IDDSI Competencies Training

An education series for professionals that develops and refines skills on multiple facets of the IDDSI diet.

[IDDSI Competencies Training](#)



In-Service Training Series: IDDSI Testing

Help in-service staff understand and adopt effective testing and analysis of food and liquids according to the IDDSI Framework.

[IDDSI Testing Series](#)

> Free continuing education & webinars!

Guides and Training



Professional Training

For professionals, we offer several resources, including webinars, video training and self-directed programs to develop awareness and understanding of modified texture food preparation and testing according to IDDSI standards.

[Professional Training Resources](#)

> Check out recipes here!

OUR LATEST Recipes

[All Recipes →](#)



Cheeseburger and Bun

[Prepare](#)



Beef Hot Dog and Bun

[Prepare](#)



Pureed Egg Salad

[Prepare](#)

> IDDSI resources

The IDDSI Framework

Providing a common terminology for describing food textures and drink thicknesses to improve safety for individuals with swallowing difficulties.



IDDSI Resources

IDDSI.org plays a critical role by setting the world safety standards for texture modified diets through their The International Dysphagia Diet Standardisation Initiative (IDDSI).

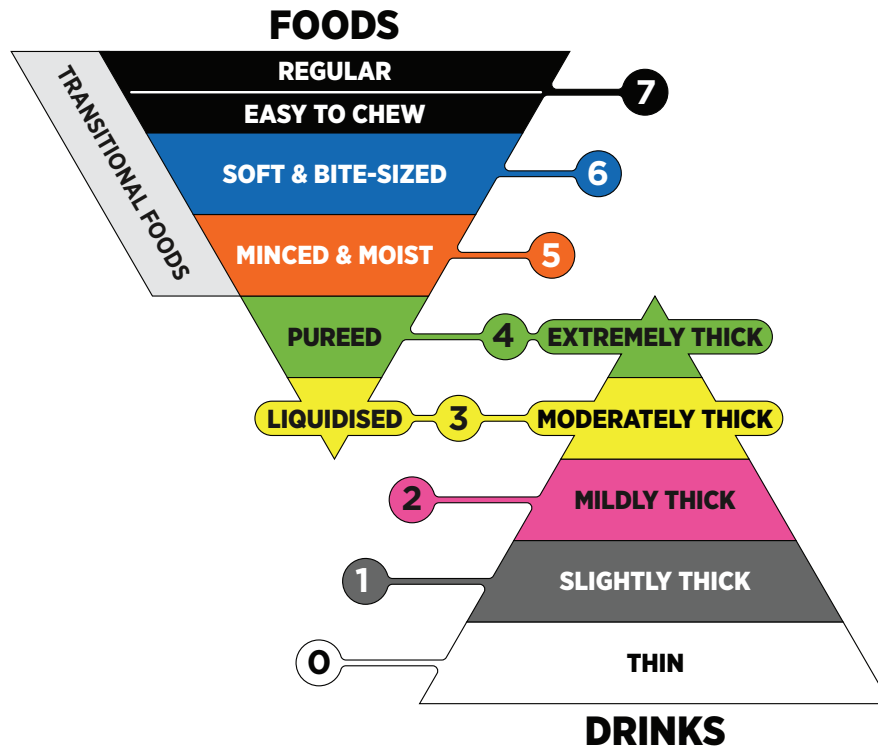
[IDDSI Resources](#)

SCAN HERE TO
EXPLORE ALL OUR
FREE RESOURCES



The IDDSI Framework

Providing a common terminology for describing food textures and drink thicknesses to improve safety for individuals with swallowing difficulties.



Food Test			
4 PUREED 	5 MINCED & MOIST 	6 SOFT & BITE SIZED 	EASY TO CHEW

Flow Test	
<i>IDDSI level depends on liquid remaining after 10 seconds flow.</i>	
1. Remove plunger 	2. Cover nozzle with finger and fill 10ml
3. Release nozzle & start timer 	4. Stop at 10 seconds

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Offering
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Purees

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Variety
Packs
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Dining
with
Dignity™

 **LYONS
HEALTH LABS™**
Nourishment When You Need It Most®

Every effort has been made to ensure all product information is accurate at the time of publication. However, it is subject to change. The most current analysis can always be obtained by referring to the product label or by visiting our website.

IDDSI levels were evaluated in test kitchens and should be verified prior to serving.
Not all items have been tested for IDDSI levels.

Scan here
FOR MORE INFO



FOR PRODUCT SUPPORT & BROCHURES:

www.LyonsHealthLabs.com

TO ORDER FOR HOME USE:

1-888-617-3482

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