

# LYONS THICK & EASY®

## Pureed Pasta and Rice

### Take the worry and complexity out of prep.

When it comes to IDDSI Level 4 foods, starches have always been a special challenge. Now, thanks to THICK & EASY® pureed pasta and rice from Lyons Health Labs, complete meals are easy and delicious.



### Real Rice, Real Pasta

Our products are made with an easy to read ingredient statement and only one allergen. Your patients will enjoy the taste and you will enjoy the safety and convenience.



IDDSI Level 4-6

## Authentic Flavors for Increased Menu Versatility.



Thick & Easy® Pureed Pasta, Level 5 Ready Chicken and alfredo sauce

THICK & EASY® pureed pasta and rice are a simple way to consistently meet IDDSI standards, every time.

- Easy to prepare boil-in bag convenience
- Reliable and safe pureed options that mirror planned menus
- Versatile – scoop, pipe, layer, create your own masterpiece
- Environmentally Friendly – less packaging
- Fits into IDDSI Level 5 menus

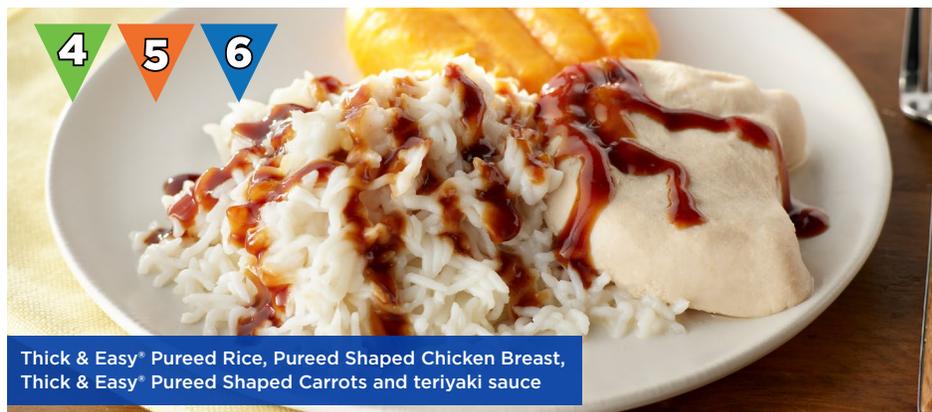
### Serving Suggestions

Now that rice and pasta can be part of the menu for people with dysphagia, here are a few simple tips for making their dining experience more enjoyable:

- Try putting the rice or pasta through a ricer to give it more shape and appeal
- Use a pastry bag to make the pasta into bowties or penne
- Layer Pasta for Lasagna or Salads
- Limitless sauce options for creative meal occasions



Thick & Easy® Pureed Pasta, Pureed Shaped Chicken Breast, alfredo sauce and bread stick made from Cliffdale Farms™ Country Bread



Thick & Easy® Pureed Rice, Pureed Shaped Chicken Breast, Thick & Easy® Pureed Shaped Carrots and teriyaki sauce

## PRODUCT INFORMATION

\*Always test for the appropriate IDDSI level

FROZEN	Item Number	IDDSI Level	Serving Size	Case Pack	Calorie	Fat grams	Sodium mg	Carb. grams	Protein grams	Shelf Life	Kosher	Verified Gluten Free	Contains Gluten Ingredients*	Verified Lactose Free	Contains Dairy Ingredients
THICK & EASY® Bulk Pureed Side Dishes															
Bulk Pureed Pasta	114399	4	1/2 cup	6/2.2 lb	180	12	310	15	2	1 yr	N		✓		
Bulk Pureed Rice	114400	4	1/2 cup	6/2.2 lb	150	10	270	14	2	1 yr	N				

\*Gluten-containing grains are defined as any one of the grains wheat, rye, or barley, or their crossbred hybrids.



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