



Thickened Fall Harvest Punch





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IDDSI LEVELS  2 OR  3



INGREDIENTS

	1 Serving	6 Servings	12 Servings
THICK & EASY® Clear Thickened Cranberry Juice Cocktail - Nectar - IDDSI Level 2 Item: 15813*	1/4 cup	1 1/2 cups	3 cups
THICK & EASY® Clear Thickened Apple Juice - Nectar - IDDSI Level 2 Item: 28876*	1/4 cup	1 1/2 cups	3 cups
THICK & EASY® Clear Thickened Orange Juice - Nectar - IDDSI Level 2 Item: 42161*	2 Tbsp	3/4 cup	1 1/2 cups
Cinnamon Whiskey**	2 Tbsp	3/4 cup	1 1/2 cups
Apple or Apricot Brandy**	1 Tbsp	1/3 cup	2/3 cup
Lemon Lime Soda	1/4 cup	1 1/2 cups	3 cups
THICK & EASY® Clear Food & Beverage Thickener - Bulk Item: 80256	1 1/2 scoops	9 scoops	18 scoops
Thickened Juice Garnishes**	As desired	As desired	As desired
Thickened Ice Cubes (optional)**	As desired	As desired	As desired

Honey (Level 3) consistency of **THICK & EASY® Thickened Juices** can be used in place of Nectar (Level 2) consistency. Adjust **THICK & EASY® Clear Instant Food & Beverage Thickener** for Honey (Level 3) consistency, as needed.

For non-alcoholic punch, omit whiskey and brandy. Reduce **THICK & EASY® Clear Instant Thickener to 1 scoop per serving prepared.

NUTRITION

Serving Size: ~8 fl. oz
Calories: 240
Total Fat: 0g
Saturated Fat: 0g
Trans Fat: 0g
Cholesterol: 0mg
Sodium: 75mg
Total Carbs: 35g
Dietary Fiber: 0g
Total Sugars: 26g
Added Sugars: 6g
Protein: 0g
Vitamin D: 0% DV
Calcium: 0% DV
Iron: 0% DV
Potassium: 2% DV

DIRECTIONS

1. Combine whiskey and brandy with lemon lime soda.
2. Thicken soda with **THICK & EASY® Clear Food & Beverage Thickener** per mixing instructions on product canister. (NOTE: soda will foam when mixing so use a large glass or container for mixing).
3. Stir together **THICK & EASY® Clear Thickened Cranberry Juices** (Cranberry, Apple and Orange).
4. Add thickened soda mixture to juices; stir well.
5. Pour into glass and garnish, if desired.
6. Note: Thickened ice cubes (up to 3 per serving) may be added to punch and frozen thickened juice used as garnishes**)

**FROZEN THICKENED JUICE GARNISHES & ICE CUBES

- **Frozen Juice Garnishes:** Freeze the appropriate consistency (Level 2 or 3) of **THICK & EASY® Clear Thickened Juices** using food molds or other shaped containers resembling fruit pieces. Thickened juice may also be poured into a shallow pan and frozen. Just prior to serving, use a melon baller tool to create round shapes or shavings for garnish. Garnish beverages immediately, as frozen juice garnishes will melt quickly.
- **Ice Cubes:** Thicken water to the desired consistency (Level 2 or 3) with **THICK & EASY® Clear Instant Food & Beverage Thickener** or use pre-thickened **THICK & EASY® Thickened Water**, (Level 2 or Level 3). Pour into ice cube trays and freeze.