

Thickened Mocha Latte

IDDSI LEVELS



INGREDIENTS:

	1 SERVING	6 SERVINGS	12 SERVINGS
Sugar	2 tsp	1/4 cup	1/2 cup
Cocoa powder	2 tsp	1/4 cup	1/2 cup
THICK & EASY® Thickened Coffee Powder, IDDSI Level 2	1 stick pack	6 stick packs	12 stick packs
Water	6 fl oz (3/4 cup)	4 1/2 cups	2 quarts + 1
THICK & EASY® Thickened Dairy Drink, IDDSI Level 2	1/2 cup	3 cups	1 1/2 quart
Whipped topping and chocolate syrup for garnish	As desired	As desired	As desired

Nutrition calculated using IDDSI Level 2 Nectar varieties of milk and coffee.
Garnish not included in nutrition calculation.

DIRECTIONS:

1. Pour contents of **THICK & EASY® Thickened Decaffeinated Coffee Powder** into a glass.
2. Measure 2 tsp of sugar and 2 tsp cocoa powder (per serving) and add to the glass.
3. Add 3/4 cup of water and stir briskly until powder is completely dissolved and beverage starts to thicken.
4. Add 1/2 cup **THICK & EASY® Thickened Dairy Drink** to thickened coffee and stir well.
5. Garnish each serving with whipped topping and chocolate syrup, if desired.



RECIPE NOTES:

- Milk thickened to appropriate consistency with thickener can be used in place of **THICK & EASY® Thickened Dairy Drink**
- IDDSI Level 3 consistency of **THICK & EASY® Thickened Coffee Powder** and **THICK & EASY® Thickened Dairy Drink** can be used in place of IDDSI Level 2.

SHELF STABLE	IDDSI Level	GFS Code	SYSCO Code	Serving Size	Case Pack	Calorie	Fat grams	Carb. grams	Sugar	Protein grams	Sodium	Shelf Life	Kosher	Allergen
THICK & EASY® Thickened Dairy Beverage	2	1360797	5415953	236 ml	27/236 ml	160	4 g	23 g	16 g	8 g	240 mg	15 mo	Ⓢ-D	Milk
THICK & EASY® Thickened Dairy Beverage	3	1360918	5414667	236 ml	27/236 ml	170	4 g	26 g	16 g	8 g	240 mg	15 mo	Ⓢ-D	Milk
THICK & EASY® Clear Thickened Coffee Powder	2		9905193	1 Packet	72/5g	15	0 g	3 g	0 g	0 g	80 mg	3 yr	Ⓢ	NA
THICK & EASY® Clear Thickened Coffee Powder	3		9905194	1 Packet	72/7g	20	0 g	5 g	0 g	0 g	100 mg	3 yr	Ⓢ	NA



Intogreat Clinical support Lorraine Huza, RD – ON/MB/QC • lorraine@intogreat.ca • (514) 919-5876
Intogreat Clinical and HC Sales support Amanda Hunter, RN – BC/AB/SK Western Canada • amanda@intogreat.ca • (236) 998-3794
Freeman Signature Sales Support Team – ON/QC & Atlantic provinces • info@freemancan.com • 1-888-641-2040



NOURISHMENT WHEN YOU NEED IT MOST™
 LyonsHealthLabs.ca | (800) 523-4635 | © Lyons Magnus