

A close-up photograph of three orange chocolate ice pops. The pops are rectangular with rounded ends and feature a series of vertical ridges. They are a vibrant orange color with some darker chocolate-colored streaks or swirls visible within the ice. The pops are arranged diagonally across the frame, with one in the foreground and two slightly behind it. The background is a plain, light-colored surface.

LYONS  
**THICK  
& EASY®**

## Orange Chocolate Ice Pop





# Orange Chocolate Ice Pop

IDDSI LEVEL  2



## INGREDIENTS

	1 Serving	4 Servings	8 Servings	16 Servings
<b>THICK &amp; EASY® Thickened Dairy Chocolate, Level 2 (Nectar)   Item: 72447</b>	1 fl oz	4 fl oz (1/2 of 8 oz carton)	1 – 8 fl oz carton	2 – 8 fl oz cartons
<b>THICK &amp; EASY® Thickened Orange Juice, Level 2 (Nectar)   Item: 49144</b>	1 fl oz	1 – 4 fl oz cup	2 – 4 fl oz cups	4 – 4 fl oz cups

## NUTRITION

Serving Size:  
1 popsicle (~ 2 fl oz)  
**Calories:** 45  
**Total Fat:** .5g  
**Saturated Fat:** 0g  
**Trans Fat:** 0g  
**Cholesterol:** <5mg  
**Sodium:** 35mg  
**Total Carbs:** 8g  
**Dietary Fiber:** 0g  
**Total Sugars:** 6g  
**Protein:** 1g  
**Calcium:** 2% DV  
**Iron:** 0% DV  
**Potassium:** 0% DV

## DIRECTIONS

1. Combine **THICK & EASY® Thickened Dairy Chocolate** and **THICK & EASY® Thickened Orange Juice** in a large container.
2. Stir well to blend ingredients.
3. Portion into popsicle molds and freeze until solid.
4. Remove from freezer and unmold.
5. Serve immediately and enjoy!