


**THICK
& EASY**

Thickened Mocha Latte





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IDDSI LEVELS  



NUTRITION

Serving Size:
about 10 fl. oz.

Calories: 140

Total Fat: 3g

Saturated Fat: 2g

Cholesterol: 10mg

Sodium: 190mg

Total Carb: 25g

Dietary Fiber: 1g

Total Sugars: 16g

Added Sugars: 8g

Protein: 5g

Vitamin D: 6% DV

Calcium: 10% DV

Iron: 2% DV

Potassium: 4% DV

INGREDIENTS

	1 SERVING	6 SERVINGS	12 SERVINGS
Sugar	2 tsp	1/4 cup	1/2 cup
Cocoa powder	2 tsp	1/4 cup	1/2 cup
THICK & EASY® Thickened Decaffeinated Coffee Powder IDDSI Level 2 - Nectar Item: 81331	1 stick pack	6 stick packs	12 stick packs
Hot water	6 fl oz (3/4 cup)	4 1/2 cups	2 quarts + 1 cup
THICK & EASY® Thickened Dairy Drink IDDSI Level 2 - Nectar Item: 73625	1/2 cup	3 cups	1 1/2 quart
Whipped topping and chocolate syrup for garnish, if desired	As desired	As desired	As desired

Nutrition calculated using IDDSI Level 2 Nectar varieties of milk and coffee. Garnish not included in nutrition calculation.

DIRECTIONS

1. Pour contents of **THICK & EASY® Thickened Decaffeinated Coffee Powder** into a mug.
2. Measure 2 tsp of sugar and 2 tsp cocoa powder (per serving) and add to the mug.
3. Add 3/4 cup hot water and stir briskly until powder is completely dissolved and beverage starts to thicken.
4. Heat **THICK & EASY® Thickened Dairy Drink** until warm (do not boil).
5. Add 1/2 cup heated **THICK & EASY® Thickened Dairy Drink** to thickened coffee and stir well.
6. Garnish each serving with whipped topping and chocolate syrup, if desired.

RECIPE NOTES:

- Milk thickened to appropriate consistency with thickener can be used in place of **THICK & EASY® Thickened Dairy Drink**
- Honey (Level 3) consistency of **THICK & EASY® Thickened Decaffeinated Coffee Powder** and **THICK & EASY® Thickened Dairy Drink** can be used in place of Nectar (Level 2).