



## Dysphagia-Friendly Root Beer Float







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IDDSI LEVELS  



## NUTRITION

**Serving Size:**  
12 fl oz

**Calories:** 400

**Total Fat:** 11g

**Saturated Fat:** 6g

**Trans Fat:** 0g

**Cholesterol:** <5mg

**Sodium:** 180mg

**Total Carbs:** 66g

**Dietary Fiber:** 1g

**Total Sugars:** 57g

**Added Sugars:** 26g

**Protein:** 9g

**Vitamin D:** 0% DV

**Calcium:** 10% DV

**Iron:** 15% DV

**Potassium:** 8% DV

## INGREDIENTS

	1 SERVINGS	6 SERVINGS	12 SERVINGS
<b>MAGIC CUP® Frozen Dessert, Vanilla</b> , partially thawed Item: 19850	1 4oz container	6 4oz containers	12 4oz containers
Root Beer	8 fl oz (1 cup)	48 fl oz (6 cups)	96 fl oz (12 cups)
<b>THICK &amp; EASY® Clear Food &amp; Beverage Thickener</b> , IDDSI Level 2 (nectar) Item: 25544	2 scoops	12 scoops	24 scoops

## DIRECTIONS

1. Pour 8 fl oz (1 cup) of root beer into a tall glass.
2. Add **THICK & EASY® Clear Food & Beverage Thickener** and stir until mixture begins to thicken.
3. Add partially thawed Vanilla MAGIC CUP® Frozen Dessert to thickened root beer and stir well to combine.

## RECIPE NOTES

- Adjust **THICK & EASY® Clear Food & Beverage Thickener** for Level 3 (honey) consistency as needed.
- For a lower calorie version, use diet root beer and **No Sugar Added Vanilla MAGIC CUP® Frozen Dessert**.