

LYONS
**THICK
& EASY®**

Pureed Pasta Salad with Ham





Pureed Pasta Salad with Ham

IDDSI LEVELS    



INGREDIENTS

	1 Serving	8 Servings	16 Servings
THICK & EASY® Bulk Pureed Pasta Item: 114399	1/2 cup	1 – 2.2 lb bag (4 cups)	2 – 2.2lb bags (8 cups)
Italian dressing	1 Tbsp	1/2 cup	1 cup
THICK & EASY® Pureed Shaped Ham Item: 25435*	1 oz (about 2 Tbsp)	8 oz (about 1 cup)	16 oz (about 2 cups)

*CLIFFDALE FARMS™ REDI-MELT™ Ham Puree (#40347) may be used in place of Shaped Puree

NUTRITION

Serving Size: About
½ cup pureed pasta
salad and 1 oz (about
2 Tbsp) pureed ham

Calories: 260

Total Fat: 17 g

Saturated Fat: 3.5 g

Trans Fat: 0 g

Cholesterol: 10 mg

Sodium: 670 mg

Total Carbs: 18 g

Dietary Fiber: 0 g

Total Sugars: 3 g

Added Sugars: 0 g

Protein: 6 g

Calcium: 4% DV

Iron: 4% DV

Potassium: 0% DV

DIRECTIONS

1. Prepare **THICK & EASY® Bulk Pureed Thickened Pasta Blend** per package directions.
2. Add Italian dressing to pasta and stir well.
3. Cover and refrigerate.
4. Prepare **THICK & EASY® Pureed Shaped Ham** per package directions.
5. Cover and refrigerate.

TO SERVE

1. Portion approximately ½ cup of pureed pasta mixture onto serving plate. (Pasta may be portioned with a scoop and spread evenly; or placed in a pastry bag with desired shaped tip and piped onto serving dish.)
2. Use 1 oz pureed ham per serving and portion small dollops randomly on top of pasta.